



# YOU PART

Engage. Connect. Empower

## **GESTURE GREETINGS**

**FACTS**

**GOALS**

**MATERIALS**

**INSTRUCTIONS**

# **GESTURE GREETINGS**

## **FACTS**

**Age** of participants: 13+

**Number** of participants: at least 16

**Duration:** 30-60 minutes

## **GOALS**

This is a playful ice-breaker for group formation with music. The participants get moving and get to know each other in a funny way. They can – up to a certain point – choose with whom they want to form groups.

## **MATERIALS**

A suitable room for participants where they can move around

Sound system and music

Optional: microphone for the facilitator

# INSTRUCTIONS

## Round 1

The participants form a big circle. They introduce themselves to the people on their right and left. When the music starts, they walk around the space that has been formed within the big circle. When the music stops, they have to run back to their exact position and make sure that they are standing next to the same people. You can repeat this a few times and try to do it faster each time.

## Round 2

When the music is on, the participants walk, run, or dance freely, but when the music stops, they freeze.

## Round 3

When the music is on, they introduce themselves to whoever they encounter by saying their name and making a gesture.

## Round 4

In this round, the participants form pairs and have one minute to find a common sound and gesture with which they can introduce themselves to the other pairs they encounter. When the music is on, they walk around as pairs and introduce themselves to the pairs they encounter.

## Round 5

Now they form groups of four: two pairs come together. They have two minutes to combine their gestures and sounds into new gestures and sounds that they will use to present themselves to the other groups they will encounter. When the music is on, they walk around as a group and introduce themselves to the other groups they encounter.

## Round 6

Finally, the participants form groups of eight: two groups of four come together. They have ten minutes to find a name for their group and combine their gestures and sounds to present themselves to the other groups "on stage".

## Round 7

The groups present themselves one after the other "on stage". Of course, this can also be just a certain area of the room.



# YOU PART

Engage. Connect. Empower

## PROJECT PARTNERS



Co-funded by  
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.